

CATHEDRAL PARISH OF ST MARY & ST BONIFACE

Part of the Plymouth Roman Catholic Diocesan Trust - Registered Charity No. 213227



St. Joseph's
Raglan Road
Devonport
PL1 4NQ



Cathedral
45 Cecil Street
Stonehouse
PL1 5HW



Christ the King
Armada Way
PL1 2EN

Cathedral House Clergy:

Canon Mark O'Keeffe (Cathedral Dean)
Fr. Jude Udokwu (Assistant Cathedral Priest)
Fr. Martin Budge (Retired Cathedral Priest)

Cathedral: 01752 662537 **Email:** plymouth-cathedral@prcdtr.org.uk **Website:** plymouthcathedral.org.uk
Pastoral Assistant: Lyn Mcloughlin **Email:** plymouth-cathedral@prcdtr.co.uk
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Safeguarding Representatives:

Cathedral: Lyn Mcloughlin & Anne Duell **Devonport:** Bernadette Gibbons **Christ the King:** Ben Graat

Cathedral School: cathedral-school.eschools.co.uk **Holy Cross School:** holycross.plymouth.sch.uk
St. Joseph's School: st-josephs.plymouth.sch.uk

Trinity Sunday - A - - 31st May 2026

DAILY WORSHIP

Mass will be streamed daily from the Cathedral at 10:00 am –in accordance with GDPR -
see noticeboard for further information

Date	Mass	Intentions
Sunday 31st May	10:00am	Manesh Manuel (Int'n)
Sacrament of Confirmation	3:00pm	All those confirmed today
Trinity Sunday	6:00pm	Barbara James (RIP)
Monday 1 st June	10:00am	Manesh Manuel (Int'n)
Tuesday 2 nd June	10:00am	Sr Alphonsa (Int'n)
Wednesday 3 rd June	10:00am	Barbara James (RIP)
Thursday 4 th June	10:00am	Arthur & Winnifrede Gilbey & Family
Friday 5 th June	12:00pm	Barbara James (RIP)
Saturday 6 th June	10:00am	Edwardo de Leon (RIP)
First Holy Communions	3:00pm	First Holy Communions
Sunday 7 th June	10:00am	Fr Michael Cole (RIP)
	6:00pm	

Intentions

St. Joseph's Saturday 5:00pm

Nicholas Donegan (RIP)

Christ the King -
Sunday 12:30

People of the Parish

SICK & HOUSEBOUND

Please pray for the sick or housebound in our parish and those who are particularly poorly at this time.

RIP: - Please pray for the repose of the souls of those who have recently died especially Riley Philogene may their souls rest in peace.

Amen



Trinity Sunday 31st May 2026



Wrapped in the Love of God”

There is something deeply comforting in today’s celebration. The Holy Trinity reminds us that at the centre of our faith is not fear, but love. Not distance, but closeness. Not condemnation, but mercy.

God reveals Himself as a loving presence who never grows tired of us. The Father watches over us with tenderness, the Son walks with us and saves us, and the Holy Spirit quietly strengthens and guides us each day. Even when life feels heavy, confusing, or lonely, we are never abandoned. We are held within the embrace of God.

The beauty of the Trinity is that divine love is always flowing outward healing, forgiving, restoring, and bringing peace. God continues to come close to humanity, not because we are perfect, but because His love is perfect. And perhaps this is the invitation of today: to allow that love to touch our hearts and then to share it with others. A gentle word, a forgiving heart, a simple act of kindness, these small moments can become reflections of God’s presence in the world.

Every time we make the sign of the cross, we are reminded that our lives begin and end in love: the love of the Father, the grace of the Son, and the fellowship of the Holy Spirit.

Today, let your heart rest in this truth: you are deeply loved by God, surrounded by His mercy, and never alone.

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TRINITY SUNDAY

Today is Trinity Sunday, there is a Pastoral Letter from Bishop Nicholas to be read at services this weekend, there are a few copies available at the back of the church if you require one or it will also be available online.

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We keep in our Prayers today our young people who will be receiving the Sacrament of Confirmation here at the Cathedral at 3pm celebrated by Bishop Nicholas

Come Holy Spirit,
fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit,
did instruct the hearts of the faithful,
grant that by the same Holy Spirit
we may be truly wise and ever enjoy His consolations,
Through Christ Our Lord, Amen.

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ROSARY ON THE BARBICAN:

YOU ARE invited to join The Legion of Mary on the first four Sunday afternoons in May beneath the ancient Stella Maris statue on Plymouth's Barbican. Starting at 3pm, we shall be reciting the Holy Rosary outdoors in honour of the Blessed Virgin Mary. For more details call 01752 830113.

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Next Friday 5th June

Chapter Mass celebrating (St Boniface Patron of the Diocese) the Mass will be celebrated by Bishop Nicholas and the Canons of the Diocese at 12:00pm all welcome.

There will be no adoration at 9:30am or 10:00am Mass

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We pray for Winnifred Blackburn and Romiah Ejike who will be baptised this week. We keep in our prayers their families, especially their parents and God parents, as they begin their vocations as followers of Christ through Baptism

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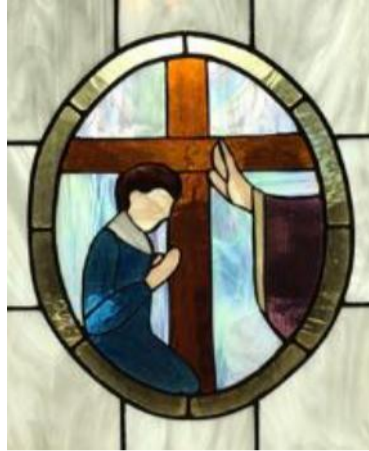
Mass for Marriage 2026

Midday, Saturday September 12. Celebrant Bishop Nicholas Hudson The Cathedral Church of St Mary and St Boniface Plymouth PL1 5HW. For more information please contact Deborah.vankroonenburg.org.uk

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First Holy Communion and Confirmation classes.



Sacrament of Confirmation

If you are in year 7 or over and would like to start your preparation programme for the Sacrament of Confirmation,

Or

First Holy Communion

If you have a child in Year 3 or over and they would like to start preparations for their First Holy Communion please contact the office –

plymouth-cathedral@prcdtr.org.uk

For Classes commencing in September 2026

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RCIA



RCIA, or the Rite of Christian Initiation of Adults, is a process for adults to explore the Catholic faith and become fully initiated members of the Church through the sacraments of Baptism, Confirmation, and Eucharist. It's a spiritual journey of individual faith development and community conversion, involving regular meetings, prayer, reflection, and special liturgical rites, culminating in the Easter Vigil. The program is for adults, including the unbaptized, those baptized in other Christian denominations, or Catholics who haven't received Confirmation or Holy Communion.

We have our RCIA course on a Friday evening here at the cathedral centre. If you are interested in knowing more, please contact the office by email: plymouth-cathedral.org.uk , New classes will commence in September for next Easter.

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TRAIN AS A RELATIONSHIP COUNSELLOR



Would you like train in relationship counselling and provide couples with professional, effective support, that makes a real difference?

BENEFITS:

Enjoy full training with certified trainers, ongoing supervision and CPD, and become part of a community of like-minded relationship professionals within a historic and diverse organisation.

Our next **Certificate in Relationship Counselling (CRC)** training course will begin in March 2027 with a **deadline of 30th June** for applications.

Marriage Care believe that supporting couple relationships is a matter of social justice. Our relationship counsellors enable those in need to access professional counselling – regardless of their ability to pay – by providing two counselling sessions per week on a voluntary basis.

We are looking for those who are **empathetic, understanding** and have an **enthusiasm for supporting adult relationships**. Whilst you do not need experience as a counsellor for this role, **self-awareness** and having the **time and space to commit** to all that the training and role entails is essential.

Please note that there are costs associated with training on our CRC, including a non-refundable registration fee of around £175. These costs, which are outlined on our webpage, are subject to minor changes and are far lower than with alternative training providers. In line with our ethos as a charity, no one is excluded on the basis of their ability to pay. What we ask in return is your commitment to us and our clients.

For more information please visit our website: www.marriagecare.org.uk or email: volunteer@marriagecare.org.uk

Volunteering for youth ministry, in the Diocese of Plymouth

Do you or have you thought about volunteering to work with the youth either in your parish or further afield? Youth Events are setting up a database of volunteers to keep in contact with them, offer training and support for the work they do, and keep them informed of events that are happening across the Diocese. In completing the form it does not mean you are committed to any voluntary work, it is simply an expression of interest. People on the database will be contacted and asked if they would like to support an event. Please follow the link: Volunteer Data Form – Youth Diocese Events – Fill in form For further information please contact Ruby or Saskia: youth@prcdtr.org.uk



Training for volunteers, working with youth

If you are currently working with youth in the Diocese of Plymouth or are thinking about volunteering, you are welcome to attend any of the listed training courses.

Training Day / Residential

Theme: Accompanying young people through the transition of childhood faith to take ownership of their own faith journey
Saturday 24th October, University of Exeter Catholic Chaplaincy

Theme: Reaching out to young people in parishes and across the Diocese
Saturday 12th - 14th February, St Rita's, Honiton

Online training

Sessions led by Rob Kingdon, Safeguarding Office.

Theme: Child Exploitation
Wednesday 23rd September, online 7pm - 8pm

Theme: Domestic Abuse - impact on children and young people
Wednesday 28th October, online 7pm - 8pm

Theme: Young people and their online world
Wednesday 13th November, online 7pm - 8pm

DIocese of Plymouth, Youth Events
For further information contact Saskia: youth@prcdtr.org.uk

RESIDENTIAL RETREATS
Diocese of Plymouth 2026

INDIVIDUALLY GUIDED RETREATS ARE LED BY EXPERIENCED MEMBERS OF THE PLYMOUTH DIOCESAN IGNATIAN SPIRITUALITY GROUP WHO HAVE RECEIVED TRAINING IN IGNATIAN SPIRITUALITY

SUMMER - RESIDENTIAL RETREATS

Jun 26th – 28th Jun (Fri - Sun) Weekend Retreat
Jun 26th – 1st July (Fri - Wed) Extended Weekend

An Individually Guided Retreat offers each person the opportunity to step back from everyday life to help review their journey in faith, offering space and SILENCE for prayer. - Each retreatant meets a Spiritual Companion daily and together they discuss how best to use the time of retreat. The Companion will help you to pray using scripture and your own experience of life. Together you will try to discern what God is saying to you at this time. The retreat is made in SILENCE to help you to pray and to leave other retreatants equal opportunity for reflection. These SILENT RETREATS in the Ignatian tradition are open to Christians of any denomination.

VENUE: SCLERDER RETREAT HOUSE (Chemin Neuf)
The retreat house with its large garden and pleasant rural walks nearby is situated near Looe, (Sclerder Lane, Looe, Cornwall PL13 2JD) Once a Carmelite Monastery, it offers simple accommodation, but not suitable for those with mobility issues.
Retreat cost includes full board & lodging.
Recommended donation: Weekend Retreat £160;
Extended Weekend Retreat £350.

Residential Retreats - for further information, to check availability, or to book telephone Wendy on: 01752 769164 or 07823447637 or email: [Plymouth Diocesan Ignatian Spirituality Group @prcdtr.org.uk](mailto:Plymouth%20Diocesan%20Ignatian%20Spirituality%20Group@prcdtr.org.uk)

Ignatian Individually Guided Silent Retreats

Jun 26th -28th (Fri - Sun) Weekend Retreat (£160)
Jun 26th -1st July (Fri-Wed) Extended Weekend Retreat (£350)

Venue: Sclerder Abbey Retreat House, (Chemin Neuf) Cornwall PL13 2JD

A retreat house with large garden and pleasant rural walks, close to the sea, once a Carmelite monastery situated near Looe offers simple accommodation.
An opportunity to step back from everyday life to make space and time for God.

Cost includes full board & lodging, but help is available for those who would like to go on retreat but have difficulties with the recommended donations.

For further details and bookings contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatian-retreats@prcdtr.org.uk or phone 01752 769164 or 07823 44763

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University Chaplaincy

We welcome our students who are attending the universities here in Plymouth.
There is an opportunity for Mass, confession and consultations with Fr Jude every Wednesday at 5:30pm at Christ the King and also Adoration every Friday at 5:00pm.

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Gabriel Fauré
REQUIEM
with Haydn's Little Organ Mass and *Insanæ et vanæ curæ*
Saturday 4th July 2026 at 16:00

The Choristers and Adults of Buckfast Abbey
Robert Pecksmith *director*
Charles Maxtone-Smith *organ*

Cathedral Church of St Mary and St Boniface, Plymouth

Admission free, retiring collection

Prayer for Pope Leo XIV



**“O God, shepherd and ruler of all the faithful,
look favourably on your servant Leo,
whom you have set at the head of your Church as her shepherd;**

**Grant, we pray, that by word and example
he may be of service to those over whom he presides
so that, together with the flock entrusted to his care,
he may come to everlasting life.**

**Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the
unity of the Holy Spirit, one God, for ever and ever.**

Amen

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Trinity Sunday

First reading

A reading from the Book of Exodus

In those days: Moses rose early in the morning and went up on Mount Sinai, as the LORD had commanded him, and took in his hand two tablets of stone. The LORD descended in the cloud and stood with him there, and proclaimed the name of the LORD. The LORD passed before him and proclaimed, 'The LORD, the LORD, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness.'

And Moses quickly bowed his head towards the earth and worshipped. And he said, 'If now I have found favour in your sight, O Lord, please let the Lord go in the midst of us, for it is a stiff-necked people, and pardon our iniquity and our sin, and take us for your inheritance

The word of the Lord.

RESPONSORIAL Psalm

To be praised and highly exalted for ever!

Blessed are you, O Lord, the God of our ancestors.

To be praised and highly exalted for ever!

Blessed is your glorious and holy name,

To be praised and highly exalted for ever!

Blessed are you in the temple of your holy glory,

To be praised and highly exalted for ever!

Blessed are you on the throne of your kingdom,

To be praised and highly exalted for ever!

Blessed are you who look into the depths, seated upon the cherubim,

To be praised and highly exalted for ever!

Blessed are you in the firmament of heaven.

To be praised and highly exalted for ever!

Second reading

A reading from the Second letter of Paul to the Corinthians

Brothers and Sisters: Rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

The Word of the Lord

Gospel Acclamation

Alleluia, alleluia.

Glory be to the Father, and to the Son, and to the Holy Spirit,
the God who is and who was and who is to come.

Alleluia.

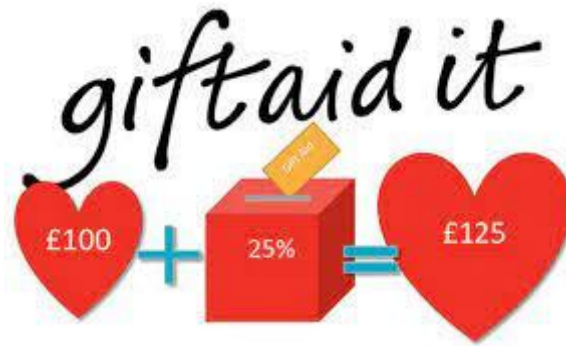
Gospel

A reading from the Gospel according to John

For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

The Gospel of the Lord

What is Gift Aid?



- Gift Aid is the method used by the Government to allow charities, including the Church, to obtain a tax refund on donations made to them.
- At present we receive £25 for every £ 100 of donations made through Gift Aid.
The Gift Aid scheme is simple, involves few formalities and is an essential source of revenue for our Churches.

What is involved in joining the Gift Aid Scheme?

- To join the scheme you have to pay sufficient tax to cover the tax reclaimed on all your Gift Aid donations.
- You have to sign a standard declaration that your donations are to count for Gift Aid.
- Thereafter you only have to make sure that your donations are made in such a way that they can be recorded as made by you to the Church. The most common methods are
 - By Bankers' Order
 - By using special numbered weekly envelopes which are provided free of charge.

Any amount as long as the donation shows your name and the church as recipient.

What donations can be included?

The Gift Aid declaration that you sign is in favour of the Diocese rather than the Parish, so all donations to the Parish and the Diocese can be included, for example: Offertory Collections, and Easter and Christmas offerings

Please do consider Gift Aiding your donations if you have recently arrived in the parish.

Forms are available at the back of the cathedral.



Caritas Diocese of Plymouth



Caritas Diocese of Plymouth is here to give parishes and individuals. new opportunities to proclaim our faith in deeds as well as in words. We are here at the service of the most poor and vulnerable.

We have a great many events and initiatives which all are welcome to join. If you would like to find out about our work, please visit our webpage <https://www.plymouth-diocese.org.uk/caritas/> You can also watch out for our posters at the back of the church which will let you know what is coming up soon.

If you would like to receive occasional newsletters about our work and get new ideas to reach out to those around you, please contact Caritas@prcdtr.org.uk



THE POPE'S INTENTIONS – June

For the values of sports

Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

See also : <https://thepopevideo.org/>

VIDEO

The parish is immensely grateful to all donors who have supported the parish during the year and



helped keep our doors open to achieve our Mission. If you don't already do so, please consider whether you could increase the value of your contribution by signing up for Gift Aid (more details and forms available from your parish gift aid organiser or the Cathedral office).

Baptisms, Weddings, and Funerals

Good News— The Cathedral is available for: Baptisms, Weddings and Funeral Services, If you want to discuss or book a date for your service or ceremony please call or email us and we will be happy to help.





Catholic Children's Society
(Plymouth)

The **Catholic Children's Society** is a child welfare agency covering the Roman Catholic Diocese of Plymouth which consists of Cornwall, Devon and most of Dorset. For the latest news use the link below

[News](#)

• **Are you concerned about injustice in our world?**



- Do you feel the need to take action and make your voice heard?
- Would you like support and encouragement?
- Are you already taking action and want to inspire others?

If the answer is yes, then please get in touch with Caritas Plymouth. We are looking to grow the Justice and Peace activities in the Diocese of Plymouth to offer:

- Connections between existing Justice and Peace groups to share ideas
- Opportunities for action,
- Access to related agencies,
- Friendship, solidarity and mutual support

If you are interested in finding out more please contact Deborah, the Caritas Manager, on 01364 645421 or email caritas@pcdtr.org.uk

Helping families stay connected



As Masses are restricted throughout the world, many parish and school communities are asking what they can do to keep their families connected to their faith. CathFamily can help with our online resources which are available free of charge.

[Click for Link](#)

CAN YOU HELP?

Patients at Mount Gould Hospital appreciate the opportunity to attend Sunday services in the Hospital Chapel, however they need some assistance to get there by being pushed in wheelchairs or accompanied. As the Hospital continues to expand, the Chaplaincy Team is seeking Volunteers to join them in this worthwhile pastoral ministry. If you have 2 hours that you could commit to on a regular rota from 1-3 pm on a Sunday, the Lead Chaplain would love to hear from you: please e mail

pamela.howarth1@nhs.net



Loop System in operation - Channel T

YouTube regarding information- Please be aware that our Masses and Events are regularly filmed and will appear online on our YouTube channel. Due to the current guidelines, we are requested to provide a seating area where the cameras will not put the people in shot of the live filming. The designated area will be the pews in the Blessed Sacrament Chapel. If you would like to receive Holy Communion but wish not to be visible on YouTube, please request to receive at the Blessed Sacrament chapel as the sacrament is being reposed.