

CATHEDRAL PARISH OF ST MARY & ST BONIFACE

Part of the Plymouth Roman Catholic Diocesan Trust - Registered Charity No. 213227

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|  <p>St. Joseph's<br/>Raglan Road<br/>Devonport<br/>PL1 4NQ</p> |  <p>Cathedral<br/>45 Cecil Street<br/>Stonehouse<br/>PL1 5HW</p> |  <p>Christ the King<br/>Armada Way<br/>PL1 2EN</p> |
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| <p><b>Cathedral House Clergy:</b></p> <p><b>Canon Mark O’Keeffe</b> (Cathedral Dean)<br/><b>Fr. Jude Udokwu</b> (Assistant Cathedral Priest)<br/><b>Fr. Martin Budge</b> (Retired Cathedral Priest)</p> |
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| <p><b>Cathedral:</b> 01752 662537 <b>Email:</b> <a href="mailto:plymouth-cathedral@prcdtr.org.uk">plymouth-cathedral@prcdtr.org.uk</a> <b>Website:</b> <a href="http://plymouthcathedral.org.uk">plymouthcathedral.org.uk</a><br/><b>Pastoral Assistant:</b> Lyn McLoughlin <b>Email:</b> <a href="mailto:plymouth-cathedral@prcdtr.co.uk">plymouth-cathedral@prcdtr.co.uk</a><br/><b>Director of Music:</b> <b>Email:</b> <a href="mailto:aplmusician@gmail.com">aplmusician@gmail.com</a></p> |
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| <p><b><u>Safeguarding Representatives:</u></b></p> <p><b>Cathedral:</b> Lyn McLoughlin &amp; Anne Duell <b>Devonport:</b> Bernadette Gibbons <b>Christ the King:</b> Ben Graat</p> |
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| <p><b>Cathedral School:</b> <a href="http://cathedral-school.eschools.co.uk">cathedral-school.eschools.co.uk</a> <b>Holy Cross School:</b> <a href="http://holycross.plymouth.sch.uk">holycross.plymouth.sch.uk</a><br/><b>St. Joseph’s School:</b> <a href="http://st-josephs.plymouth.sch.uk">st-josephs.plymouth.sch.uk</a></p> |
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| <p><b>Fifteenth Sunday in Ordinary Time - A -Psalter 3– 12<sup>th</sup> July 2026</b></p> |
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| <p><b>DAILY WORSHIP</b></p> <p>Mass will be <u>streamed daily from the Cathedral at 10:00 am</u> –in accordance with GDPR -<br/>see noticeboard for further information</p> |
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| Date                                           | Mass    | Intentions                            | <p><b>Intentions</b></p> <p>St. Joseph’s Saturday 5:00pm</p> <p><b>William Meera (RIP)</b></p> <p><b>Christ the King -</b><br/>Sunday 12:30</p> <p><b>People of the Parish</b></p>                                                                                                                                            |
|------------------------------------------------|---------|---------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sunday 12th July                               | 10:00am | Jose & Mary T (Int’n)                 |                                                                                                                                                                                                                                                                                                                               |
| 15th Sunday in OT                              | 6:00pm  | Godfrey Tonkin (RIP)                  |                                                                                                                                                                                                                                                                                                                               |
| Monday 13th July                               | 10:00am | Jenna (Int’n)                         |                                                                                                                                                                                                                                                                                                                               |
| Tuesday 14th July                              | 10:00am | <b>Gracia Ballega (RIP)</b>           |                                                                                                                                                                                                                                                                                                                               |
| <b>Requiem Mass</b>                            |         |                                       |                                                                                                                                                                                                                                                                                                                               |
| Wednesday 15th July                            | 10:00am | Joseph Hogan (RIP)                    |                                                                                                                                                                                                                                                                                                                               |
| Thursday 16th July                             | 10:00am | Deceased members of K Joseph’s family |                                                                                                                                                                                                                                                                                                                               |
| Friday 17th July                               | 9:30am  | K E Joseph (RIP)                      | <p><b>SICK &amp; HOUSEBOUND</b></p> <p>Please pray for the sick or housebound in our parish and those who are particularly poorly at this time.</p> <p><b>RIP: -</b> Please pray for the repose of the souls of those who have recently died especially Gracia Ballega, may their souls rest in peace.</p> <p><b>Amen</b></p> |
| <b>Adoration of the Blessed Sacrament</b>      | 10:00am |                                       |                                                                                                                                                                                                                                                                                                                               |
| Saturday 18th July                             | 10:00am | Martin Hogan (RIP)                    |                                                                                                                                                                                                                                                                                                                               |
| Sunday 19 <sup>th</sup> July                   | 10:00am | Kate Little (RIP)                     |                                                                                                                                                                                                                                                                                                                               |
| <b>16<sup>th</sup> Sunday in Ordinary Time</b> | 6:00pm  | George & Mary (Int’n)                 |                                                                                                                                                                                                                                                                                                                               |



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## 15th Sunday in Ordinary Time 12th July 2026



Today's Gospel marks the beginning of the third long discourse given by Jesus in the Gospel of Matthew. Over the next few weeks, the Gospel readings will consist of the entire 13th Chapter of Matthew's Gospel, a lengthy teaching discourse.

Throughout this discourse, Jesus will offer several parables to illustrate for his listeners what he means by the kingdom of heaven. He begins with the parable of the sower, which appears rather straightforward—of course seeds grow best in good soil. Seeds that miss the soil, are sown on rocky ground, or are sown among other plants will not grow. The surprise in the parable is the enormous yield of the seed that is sown on good soil.

Jesus then explains his use of parables. Jesus seems to suggest that he uses parables to teach because the meanings of parables are not self-evident. The hearer must engage in some degree of reflection in order to comprehend the message of a parable. In this way, the medium—the parable—models the point of the parable of the sower. Those who are willing to engage themselves in the effort to understand will be rewarded by the discovery of the message and will bear fruit.

To bring home the point, Jesus interprets the parable of the sower to his disciples. The different types of soil in which the seeds are sown are metaphors for the disposition with which each individual hears the teaching about the kingdom of heaven. Some will be easily swayed away from the kingdom of heaven. Some will receive it for a time but will lose it when faced with difficulties. Some will hear the word but will then permit other cares to choke it out. Yet some will receive it well, and the seed will produce abundant fruit.

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### 2nd collection - Stella Maris



STELLA MARIS

Sea Sunday is an annual global celebration where churches pray for seafarers, fishers, and their families, while supporting the maritime charity Stella Maris (formerly the Apostleship of the Sea). Celebrated on the second Sunday in July, the day highlights the vital work of seafarers in global trade.

Stella Maris is the official maritime welfare agency of the Catholic Church. The charity provides practical and pastoral support—such as ship visits, emotional care, and emergency assistance—to seafarers who work in dangerous and often isolating conditions.

Our diocese is surrounded by the sea, and we have many fishing ports and harbours.

For Sea Sunday on 12 July, we at Stella Maris invite parishes and communities to pray for seafarers, fishers and their families, and to support their work providing practical and pastoral support in ports across the world.

There is a retiring collection for the work of Stella Maris

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### Congratulations



We pray for Chris and Laura who are to be married this weekend here at the Cathedral. We welcome their family friends as they exchange their vows and take on a new life as a married couple.

O God, who in creating the human race  
willed that man and wife should be one,  
keep, we pray, in a bond of inseparable love  
those who are united in the covenant of Marriage,  
so that, as you make their love fruitful,  
they may become, by your grace, witnesses to charity itself.  
Through Christ our Lord  
Amen..

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We keep in our prayers Jesse Allen who will be baptised this week.



Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon these your servants the forgiveness of sin, and have raised them to the new life of grace. Sustain them, O Lord, in your Holy Spirit. Give them an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works.  
Amen.



Next weekend we are delighted our Bishop Nicholas, who will be celebrating Mass here at the cathedral, to mark his 40th anniversary of priesthood. We welcome his family and friends who join him for this special milestone in his life.

**Please do place your gift into the basket provided this weekend, so that we can make a special presentation from the parish to him on Sunday 19th at the 10.00am Mass.**

God, eternal shepherd, you tend your Church in many ways and rule us with love. You have chosen your servant, Nicholas., to be a shepherd of your flock. Give him a spirit of courage and right judgment, a spirit of knowledge and love. By governing with fidelity those entrusted to his care, may he build your Church as a sign of salvation for the world. Amen.

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### **AFRICAN COMMUNITY**

The African community will be celebrating Mass on Sunday 26th July at the Cathedral at 12:00 noon followed by a reception in the hall afterwards.

### **News from the Diocese –**

**For all the latest news from the Diocese follow the link or go to our website**

<https://www.plymouthcathedral.org.uk/>

**NEWS**

### **Adoremus**

#### **National Eucharistic Pilgrimage & Congress**

Our third National Eucharistic Congress will take place in London on Sat 10th Oct. It would leave Plymouth at 5am and pick up at Exeter Services - and possibly Taunton or Wincanton.

Mass at St George's cathedral and procession across the Thames to Westminster Cathedral, followed by a vigil of adoration until 6am. If you would like to be one of our 50 diocesan delegates, please contact Fr Chris at Poole : (01202) 746539

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### **Mass for Marriage 2026**

Midday, Saturday September 12. Celebrant Bishop Nicholas Hudson The Cathedral Church of St Mary and St Boniface Plymouth PL1 5HW. For more information please contact [Deborah.vankroonenburg.org.uk](mailto:Deborah.vankroonenburg.org.uk)

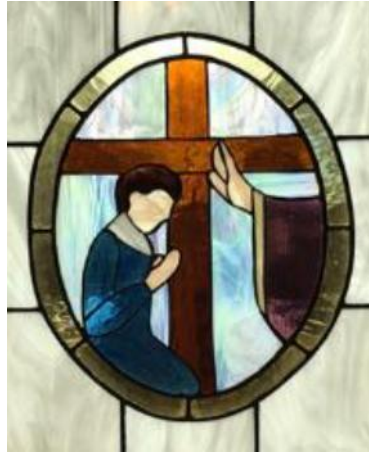
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**Summer Camp, 27th - 31st July,**

**Grangehurst, Buckfast Abbey, TQ11 0EE**

The Diocese Catechetical Summer camp has been running for over years. It is a time where young people aged 9-12 years come together to explore their faith, whilst meeting other young people from across the Diocese. The 5 day camp is full of games, crafts and workshops exploring Dilexi Te. Cost £150 per person. To book: Summer Camp 2026 – Fill in form Further information contact: [sumercamps@prcdtr.org.uk](mailto:sumercamps@prcdtr.org.uk) Booking close on Monday 13th July.

## **First Holy Communion and Confirmation classes.**



### **Sacrament of Confirmation**

If you are in year 7 or over and would like to start your preparation programme for the Sacrament of Confirmation,

Or

### **First Holy Communion**

If you have a child in Year 3 or over and they would like to start preparations for their First Holy Communion please contact the office –

[plymouth-cathedral@prcdtr.org.uk](mailto:plymouth-cathedral@prcdtr.org.uk)

**For Classes commencing in September 2026**

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RCIA, or the Rite of Christian Initiation of Adults, is a process for adults to explore the Catholic faith and become fully initiated members of the Church through the sacraments of Baptism, Confirmation, and Eucharist. It's a spiritual journey of individual faith development and community conversion, involving regular meetings, prayer, reflection, and special liturgical rites, culminating in the Easter Vigil. The program is for adults, including the unbaptized, those baptized in other Christian denominations, or Catholics who haven't received Confirmation or Holy Communion.

We have our RCIA course on a Friday evening here at the cathedral centre. If you are interested in knowing more, please contact the office by email: [plymouth-cathedral.org.uk](mailto:plymouth-cathedral.org.uk) , New classes will commence in September for next Easter.

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### Volunteering for youth ministry, in the Diocese of Plymouth

Do you or have you thought about volunteering to work with the youth either in your parish or further afield? Youth Events are setting up a database of volunteers to keep in contact with them, offer training and support for the work they do, and keep them informed of events that are happening across the Diocese. In completing the form it does not mean you are committed to any voluntary work, it is simply an expression of interest. People on the database will be contacted and asked if they would like to support an event. Please follow the link: Volunteer Data Form – Youth Diocese Events – Fill in form For further information please contact Ruby or Saskia: youth@prcdtr.org.uk

### What's On

#### Summer Camp, 27th - 31st July, Grangehurst, Buckfast Abbey, TQ11 0EE

The Diocese Catechetical Summer camp has been running for over years. It is a time where young people aged 9-12 years come together to explore their faith, whilst meeting other young people from across the Diocese. The 5 day camp is full of games, crafts and workshops exploring Dilexi Te. Cost £150 per person. To book: Summer Camp 2026 –

At this years Summer Camp 12 will explore Pope Francis and Pope Leo's Dilexi Te - 'I love you'. Summer camp has been enjoyed by many generations. It is a great way for young people to meet other from across the Diocese and gain a sense of belonging to the Diocesan and catholic family. Cost £150 per person. To book: Summer Camp 2026 – Fill in form for further information please contact:

[summercamps@prcdtr.org.uk](mailto:summercamps@prcdtr.org.uk)

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#### You're Invited to Our Day of Prayer

The Community Prayer Crusade warmly invites everyone to a special Day of Eucharistic Adoration and Prayer.

Date: Saturday, 1st August 🕒 Time: 4:00 PM 📍 Venue: Christ the King

Armada Way, Plymouth, PL1 2EN.

Come and spend time in the presence of the Lord through Eucharistic Adoration and prayer as we seek God's grace, peace, and blessings for our families, our community, and the whole world.

Our Day of Prayer will conclude with the Anticipated Holy Mass, celebrated by Fr. Ted Kalaw, CCM.

Refreshments will be served after the Holy Mass.

Everyone is welcome! We look forward to praying with you as one community of faith.

“Come to me, all you who are weary and burdened, and I will give you rest.” — Matthew 11:28

# Catholic Children's Society (Plymouth)



We are a small Diocesan charity helping families of all faiths and none living in Devon, Cornwall and parts of Dorset. We do this through our ESSENTIAL GRANTS PROGRAMME, our RAINBOWS Bereavement & Loss service and our GOOD SHEPHERD programme.

## WHO WE'VE HELPED SO FAR IN 2026

**126 families** have received an Essential grant in the first six months, compared to **90 families** this time last year, from:

many parts of **Plymouth** and Devon including Exeter, Holsworthy, Okehampton and Totnes. However, we are now receiving more applications from **Cornwall** – in particular from Bodmin, Bude, Callington, Camborne, East Taphouse, Falmouth, Launceston, Liskeard, Penryn, Penzance, Saltash, St Austell and Wadebridge. We are also receiving more applications from **Dorset** including Bridport, Dorchester, Poole and Poundbury.

## WHAT IS OUR ESSENTIAL GRANTS PROGRAMME?

This programme aims to relieve the urgent material needs of children, young people and families by providing essential household items and clothing, such as cookers, washing machines, beds and school uniforms.

This support is offered, as many families can not afford to purchase these items themselves. This can be due to a variety of reasons, such as unemployment, ill health, fleeing domestic abuse or trying to set up a new home with nothing.

## CRIB APPEAL UPDATE

Thank you to every parish who supported our Crib Appeal. So far, we have received **£8,300.53** from **47** parishes.

Our 2026 Annual Appeal theme is '**GRATEFUL HEARTS – SERVING OTHERS**'. Look out for appeal envelopes over the August bank holiday weekend – **Sat 29 and Sun 30 August**.

## COULD YOU JOIN OUR BOARD ?

We are looking for **2 or 3** trustees with an interest in CCSP, as following retirement, we now only have **7**. Our trustees have a wealth of experience but would love some new people to join them, especially if you have some HR experience. We meet **quarterly on Mondays at St Boniface House in Ashburton**, although these could be attended via video link and if you would like to come along to our next meeting in July or October, please email [ccs@ccsplymouth.org.uk](mailto:ccs@ccsplymouth.org.uk) or call **01364 645420**.



**TO DONATE TODAY**, please scan this QR code using your mobile phone to be taken directly to our Give a Little Campaign page - **THANK YOU !**



**JULY 2026**

## RECENT FEEDBACK

We recently helped a mother and her two sons who had fled domestic abuse and were starting over from scratch. We received this feedback .....

*"I want to thank you so much for organising the funds to buy our lovely fridge freezer. We received the delivery and installation by two lovely gentlemen from HBH Woolacotts. What a difference this has made to myself and my two boys! We now have fresh food, fruits and vegetables and no more food waste 🥰. It is a perfect fit for our kitchen and just enough for our needs. I am overwhelmed with gratitude for your kindness and generosity. May God richly reward you 🙏🙏🙏"*

Catholic Children's Society (Plymouth)  
St Boniface House, Ashburton, Devon, TQ13 7JL  
**01364 645420** [www.ccsplymouth.org.uk](http://www.ccsplymouth.org.uk)  
[ccs@ccsplymouth.org.uk](mailto:ccs@ccsplymouth.org.uk)

Registered Charity No 282803 Registered in England No 1546053

## **Prayer for Pope Leo XIV**



**“O God, shepherd and ruler of all the faithful,  
look favourably on your servant Leo,  
whom you have set at the head of your Church as her shepherd;**

**Grant, we pray, that by word and example  
he may be of service to those over whom he presides  
so that, together with the flock entrusted to his care,  
he may come to everlasting life.**

**Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the  
unity of the Holy Spirit, one God, for ever and ever.**

**Amen**

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## **First reading**

### **A reading from the Prophet Isaiah**

Thus says the Lord: 'For as the rain and the snow come down from heaven and do not return there but water the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it.'

**'The Word of the Lord.**

## **RESPONSORIAL Psalm**

### **Some seed fell into good soil and yielded its fruit.**

You visit the earth, give it water;  
you fill it with riches.  
God's ever-flowing river brims over  
to prepare the grain. (R)

And thus you prepare it:  
you drench its furrows;  
you level it, soften it with showers;  
you bless its growth. (R)

You crown the year with your bounty.  
Abundance flows in your pathways;  
in pastures of the desert it flows.  
The hills are girded with joy. ( R)

The meadows clothed with flocks.  
The valleys are decked with wheat.  
hey shout for joy; yes, they sing! (R)

## **Second Reading**

### **A reading from Saint Paul to the Romans**

Brothers and Sisters: I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. For the creation waits with eager longing for the revealing of the sons of God. For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope that the creation itself will be set free from its bondage to corruption, and obtain the freedom of the glory of the children of God. For we know that the whole creation has been groaning together in the pains of childbirth until now. And not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies.

## **The Word of the Lord**

## **Gospel Acclamation**

### **Alleluia, alleluia.**

The seed is the word of God, Christ the sower; all who find him will live for ever.

**Alleluia,**

## **Gospel**

### **A reading from the Gospel according to Matthew**

At that time: Jesus went out of the house and sat beside the lake. And great crowds gathered about him, so that he got into a boat and sat down. And the whole crowd stood on the beach. And he told them many things in parables, saying: 'A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them. Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched. And since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty. He who has ears, let him hear.'

**The Gospel of the Lord**

## What is Gift Aid?



- Gift Aid is the method used by the Government to allow charities, including the Church, to obtain a tax refund on donations made to them.
  - At present we receive £25 for every £ 100 of donations made through Gift Aid.
- The Gift Aid scheme is simple, involves few formalities and is an essential source of revenue for our Churches.

## What is involved in joining the Gift Aid Scheme?

- To join the scheme you have to pay sufficient tax to cover the tax reclaimed on all your Gift Aid donations.
- You have to sign a standard declaration that your donations are to count for Gift Aid.
- Thereafter you only have to make sure that your donations are made in such a way that they can be recorded as made by you to the Church. The most common methods are
  - By Bankers' Order
  - By using special numbered weekly envelopes which are provided free of charge.

Any amount as long as the donation shows your name and the church as recipient.

## What donations can be included?

The Gift Aid declaration that you sign is in favour of the Diocese rather than the Parish, so all donations to the Parish and the Diocese can be included, for example: Offertory Collections, and Easter and Christmas offerings

Please do consider Gift Aiding your donations if you have recently arrived in the parish.

**Forms are available at the back of the cathedral.**



## Caritas Diocese of Plymouth



Caritas Diocese of Plymouth is here to give parishes and individuals.  
new opportunities to proclaim our faith in deeds as well as in words.  
We are here at the service of the most poor and vulnerable.

We have a great many events and initiatives which all are welcome to join. If you would like to find out about our work, please visit our webpage <https://www.plymouth-diocese.org.uk/caritas/>  
You can also watch out for our posters at the back of the church which will let you know what is coming up soon.

If you would like to receive occasional newsletters about our work and get new ideas to reach out to those around you, please contact [Caritas@prcdtr.org.uk](mailto:Caritas@prcdtr.org.uk)



**THE POPE VIDEO**

Pope's Worldwide Prayer Network

### THE POPE'S INTENTIONS – July

For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God..

See also : <https://thepopevideo.org/>

[VIDEO](#)

The parish is immensely grateful to all donors who have supported the parish during the year and

*giftaid*

helped keep our doors open to achieve our Mission. If you don't already do so, please consider whether you could increase the value of your contribution by signing up for Gift Aid (more details and forms available from your parish gift aid organiser or the Cathedral office).

### Baptisms, Weddings, and Funerals

Good News— The Cathedral is available for: Baptisms, Weddings and Funeral Services, If you want to discuss or book a date for your service or ceremony please call or email us and we will be happy to help.





Catholic Children's Society  
(Plymouth)

The **Catholic Children's Society** is a child welfare agency covering the Roman Catholic Diocese of Plymouth which consists of Cornwall, Devon and most of Dorset. For the latest news use the link below

[News](#)

- **Are you concerned about injustice in our world?**



- Do you feel the need to take action and make your voice heard?
- Would you like support and encouragement?
- Are you already taking action and want to inspire others?

If the answer is yes, then please get in touch with Caritas Plymouth. We are looking to grow the Justice and Peace activities in the Diocese of Plymouth to offer:

- Connections between existing Justice and Peace groups to share ideas
- Opportunities for action,
- Access to related agencies,
- Friendship, solidarity and mutual support

If you are interested in finding out more please contact Deborah, the Caritas Manager, on 01364 645421 or email [caritas@pcdtr.org.uk](mailto:caritas@pcdtr.org.uk)

### Helping families stay connected



As Masses are restricted throughout the world, many parish and school communities are asking what they can do to keep their families connected to their faith. CathFamily can help with our online resources which are available free of charge.

[Click for Link](#)

### CAN YOU HELP?

Patients at Mount Gould Hospital appreciate the opportunity to attend Sunday services in the Hospital Chapel, however they need some assistance to get there by being pushed in wheelchairs or accompanied. As the Hospital continues to expand, the Chaplaincy Team is seeking Volunteers to join them in this worthwhile pastoral ministry. If you have 2 hours that you could commit to on a regular rota from 1-3 pm on a Sunday, the Lead Chaplain would love to hear from you: please e mail

[pamela.howarth1@nhs.net](mailto:pamela.howarth1@nhs.net)



### Loop System in operation - Channel T

**YouTube** regarding information- Please be aware that our Masses and Events are regularly filmed and will appear online on our YouTube channel. Due to the current guidelines, we are requested to provide a seating area where the cameras will not put the people in shot of the live filming. The designated area will be the pews in the Blessed Sacrament Chapel. If you would like to receive Holy Communion but wish not to be visible on YouTube, please request to receive at the Blessed Sacrament chapel as the sacrament is being reposed.